

# Dunwoody Volleyball Jr Wildcats Program

March 11,13 18,20 25,27 - 2013 @ Dunwoody High School

<b>Who</b>	Girls Rising 4 <sup>th</sup> – 8 <sup>th</sup> Graders
<b>Date</b>	March 11 – March 27 <i>(Each Mon &amp; Wed)</i>
<b>Time</b>	6pm to 7:30pm
<b>Location</b>	Dunwoody High School Gym
<b>Format</b>	Instruction on skill development through quality reps and feedback to maximize learning and improvement
<b>Cost</b>	\$95 per player
<b>Contact</b>	Steve Goldin – Jr. Wildcats Director (770) 330-5532 or email: sgoldin106@aol.com Lead Instructor - Brent Bridger (678) 687-1898 / totalathletesports@gmail.com
<b>Register</b>	Cut off bottom of Flyer and turn into: Leslie Rothberg 5392 Redfield Circle Dunwoody GA 30338 <i>Checks Payable to: DHS Volleyball</i>
<b>Camp Sponsor</b>	Recruiting365.org Top-Notch Training (TNT Volleyball)

**What to Bring:** Proper Shoes, shorts, and t-shirt. Also please bring a water bottle. No earrings or watches! Bring a smiling face and a positive hard working attitude.

Our sessions are designed to teach proper volleyball mechanics in a fun, safe, and learning environment. We will utilize individual and group drills and competitions to maximize reps while giving quality feedback and challenging you to improve and learn. The training environment will challenge the kids to do their best in every drill and skill because we believe that there is no substitute for hard work and a great attitude. Our training environment also provides a ton of individual attention for overall skill improvement. Each participant will receive a Jr. Wildcats t-shirt.

**Lead Instructor - Brent Bridger** is former assistant coach at Georgia Tech and is USA CAP I certified. He also helps with USA High Performance Tryouts, led club teams to USA National Qualifications 2 of last 3 seasons. In 2005 Coach Bridger led Mount Pisgah Christian School to the GISA State Championship and was Georgia State Coach of the Year. He has coached over 30 GHSA all-state selections and helped over 50 kids obtain college scholarships in the past 8 years.

## Registration Form

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Emergency Contact Name/Number: \_\_\_\_\_/  
 T-Shirt Size: \_\_\_\_\_ DOB: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Cash or Check: # \_\_\_\_\_  
 Make Checks Payable to: \_\_\_DHS Volleyball \_\_\_\_\_

Waiver of Liability: I/We the undersigned hereby certify that I (we) am (are) the parent(s) or legal guardian(s) of the athlete. I (We) hereby give permission for the Volleyball Camp Staff to seek appropriate medical attention for the athlete and for the medical attention to be given and for the camper to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical attention and treatment, [except for that covered by the club's excess medical coverage policy.] I/We, the undersigned for ourselves, our heirs, executors and administrators waive, release and forever discharge Dunwoody High School and Staff, Volleyball Team Camp, its staff, officers, directors, board members, coaches, agents, employees, representatives and successors and assigns of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participating in volleyball activities, whether damages, injury or loss are due to negligence. I/We hereby acknowledge that our child is physically fit and mentally capable of participating in volleyball and volleyball related activities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_